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| お昼寝チェックシート | | | | | | | | | | | |
| クラス名【　　　　　　　　　　　　　　　　　　　】 | | | | |  | 担当者【　　　　　　　　　　　】 | | | | | |
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| 名前 | | お昼寝開始時刻 | | お昼寝終了時刻 | | お昼寝の様子など | | | | |
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